

ZC 2026: Session: 3: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 07:15 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Rommers Dien

Coaches: Van Looveren An HEADCOACH

Coaches: Emmers Kelly

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE MEN 11-12			Heat:1, starttime: 08:30
Heat: 1/10 Lane : 4 Athlete: HAVERBEKE TUUR			Q-time: 01:45:76
PB (50m pool): no time			PB (25m pool): 01:45.76 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

Event number: 19: 100M BACKSTROKE MEN 11-12			Heat:3, starttime: 08:36
Heat: 3/10 Lane : 4 Athlete: VAN DINGENEN KOBE			Q-time: 01:40:08
PB (50m pool): 01:40.08 Seraing 25/01/2026			PB (25m pool): 01:36.41 SB: 01:40.08 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:48.27	01:40.08	
	00:48.27	00:51.81	
	.	.	

Coach feedback:

Event number: 19: 100M BACKSTROKE MEN 11-12			Heat:7, starttime: 08:46
Heat: 7/10 Lane : 3 Athlete: MEYLAERS SEPPE			Q-time: 01:29:53
PB (50m pool): 01:29.53 SportinGenk Park 24/05/2026			PB (25m pool): 01:30.02 SB: 01:29.53 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	
PB	00:44.25	01:29.53	
	00:44.25	00:45.28	
	.	.	

Coach feedback:

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Event number: 19: 100M BACKSTROKE MEN 11-12			Heat:7, starttime: 08:46
Heat: 7/10 Lane : 6 Athlete: VOSSEN NOAH			Q-time: 01:29:57
PB (50m pool): 01:29.57 SportinGenk Park 24/05/2026			PB (25m pool): 01:31.28 SB: 01:29.57 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	
PB	00:44.76	01:29.57	
	00:44.76	00:44.81	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 13-14			Heat:2, starttime: 08:57
Heat: 2/6 Lane : 7 Athlete: VAN DE POLDER KOBE			Q-time: 00:50:17
PB (50m pool): 00:50.17 Eindhoven 22/03/2026			PB (25m pool): 00:56.52 SB: 00:50.17 Eindhoven 22/03/2026
	5 0 M		
PB	00:50.17		
	00:50.17		
			

Coach feedback:

Event number: 22: 50M FREESTYLE MEN 15+			Heat:9, starttime: 10:00
Heat: 9/15 Lane : 1 Athlete: DANILOV MICHAËL			Q-time: 00:28:48
PB (50m pool): 00:28.48 Eindhoven 16/03/2025			PB (25m pool): 00:28.06 SB: 00:28.59 Eindhoven 22/03/2026
	5 0 M		
PB	00:28.48		
	00:28.48		
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11-12			Heat:2, starttime: 10:34
Heat: 2/11 Lane : 1 Athlete: VAN DINGENEN KOBE			Q-time: 02:02:51
PB (50m pool): 02:02.51 SportinGenk Park 11/11/2025			PB (25m pool): 02:02.09 SB: 02:02.51 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	02:02.51	
	no time		
			

Coach feedback:

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Event number: 24: 100M BREASTSTROKE MEN 11-12				Heat:2, starttime: 10:34	
Heat: 2/11 Lane : 6 Athlete: HAVERBEKE TUUR				Q-time: 02:00:10	
PB (50m pool): 01:57.20 Mol 28/06/2026				PB (25m pool): 02:06.47 SB: 01:57.20 Mol 28/06/2026	
	5 0 M	1 0 0 M			
PB	no time	01:57.20			
	no time				
					

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11-12				Heat:7, starttime: 10:46	
Heat: 7/11 Lane : 7 Athlete: VOSSEN NOAH				Q-time: 01:47:17	
PB (50m pool): 01:47.17 SportinGenk Park 11/11/2025				PB (25m pool): 01:46.41 SB: 01:47.17 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M			
PB	no time	01:47.17			
	no time				
					

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11-12				Heat:9, starttime: 10:50	
Heat: 9/11 Lane : 1 Athlete: MEYLAERS SEPPE				Q-time: 01:42:28	
PB (50m pool): 01:40.94 Mol 28/06/2026				PB (25m pool): 01:40.73 SB: 01:40.94 Mol 28/06/2026	
	5 0 M	1 0 0 M			
PB	00:48.45	01:40.94			
	00:48.45	00:52.49			
					

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 15+					Heat:11, starttime: 11:29	
Heat: 11/12 Lane : 6 Athlete: MAES HELENE					Q-time: 02:22:80	
PB (50m pool): 02:22.80 Antwerpen 13/07/2025					PB (25m pool): 02:19.25 SB: 02:24.30 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:32.49	01:09.10	01:46.28	02:22.80		
	00:32.49	00:36.61	00:37.18	00:36.52		
						

Coach feedback: